

Writing Exercise 01: Introduction

Discovering Your Unique Writing Method

Agatha Christie believed that writing is just one part of life, and that inspiration often comes from **everyday experiences, relationships, and moments of reflection**. This exercise will help you explore **your own writing style and process**, rather than simply mimicking others.

Activity

Step One: Reflect On Your Writing Habits

Take a moment to consider how and when you write best. Some writers plan meticulously, while others let ideas flow freely.

Write a paragraph in the style of a fiction book describing your ideal writing process. Do you prefer structured outlines or spontaneous storytelling? Morning or late-night writing? Total silence or background noise?
